

OBC LCM 2026: Session: 3: COACH evaluation sheet for TEAM: SCR

Coachinfo: Warming up from: 07:30 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: LAVIOLETTE Philippe

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 24: 400M MEDLEY MEN							Heat:1, starttime: 10:58	
Heat: 1/2 Lane : 4 Athlete: BUTTARELLI CLAUDIO							Q-time: 04:27:42	
PB (50m pool): 04:27.42 Antwerpen 22/03/2026				PB (25m pool): 04:16.12SB: 04:27.42 Antwerpen 22/03/2026				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:28.50	01:00.98	01:36.70	02:11.02	02:48.57	03:26.56	03:57.71	04:27.42
	00:28.50	00:32.48	00:35.72	00:34.32	00:37.55	00:37.99	00:31.15	00:29.71
								

Coach feedback:

Event number: 24: 400M MEDLEY MEN							Heat:1, starttime: 10:58	
Heat: 1/2 Lane : 6 Athlete: VOS SEM							Q-time: 04:47:25	
PB (50m pool): 04:47.25 Antwerpen 22/03/2026				PB (25m pool): no time SB: 04:47.25 Antwerpen 22/03/2026				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:30.22	01:05.09	01:44.27	02:22.03	03:01.45	03:41.08	04:15.33	04:47.25
	00:30.22	00:34.87	00:39.18	00:37.76	00:39.42	00:39.63	00:34.25	00:31.92
								

Coach feedback:

Event number: 24: 400M MEDLEY MEN							Heat:2, starttime: 11:03	
Heat: 2/2 Lane : 4 Athlete: LAVIOLETTE SIMON							Q-time: 04:20:24	
PB (50m pool): 04:20.24 Antwerpen 22/03/2026				PB (25m pool): 04:09.16SB: 04:20.24 Antwerpen 22/03/2026				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:27.54	00:59.61	01:34.37	02:08.48	02:44.10	03:20.56	03:50.80	04:20.24
	00:27.54	00:32.07	00:34.76	00:34.11	00:35.62	00:36.46	00:30.24	00:29.44
								

Coach feedback: